



# **Medicine Supply Notification**

MSN/2025/040

Betamethasone 500microgram soluble tablets sugar free Tier 2 – medium impact\* Date of issue: 30/06/2025 Link: <u>Medicines Supply Tool</u>

### Summary

- Betamethasone 500microgram soluble tablets are out of stock until late July 2025, when a limited resupply is expected; full resupply is anticipated mid-October 2025.
- Alternative soluble oral corticosteroids remain available and can support increased demand.
- Alternative treatment options remain available that may be utilised off-label as a mouthwash, at the discretion of the prescriber.

## **Actions Required**

Prescribers should not initiate new patients on betamethasone 500microgram soluble tablets until the supply issue has fully resolved, and:

- where patients using the tablets to make up a mouthwash (Note: this is off-label use) have insufficient supplies to last until the re-supply date, clinicians should consider prescribing: <u>prednisolone 5mg</u> <u>soluble tablets</u>\* or <u>fluticasone 400microgram nasules</u>\*(Note: this is off-label use). Clinicians should explain to patients how to use these preparations as a mouthwash and provide them with the patient information leaflet (see Supporting information);
- if the above options are not considered suitable, advice should be sought from specialist oral medicine team.

Dentists should work with primary and secondary care prescribers to ensure patients can access the alternative treatment options not included in the Dental Practitioner Formulary, as these will need prescribing by a non-dentist.

If there is any use systemically, patients should be reviewed and another oral corticosteroid prescribed, ensuring that the patient is counselled on the appropriate dose, and is not intolerant to any of the excipients.

\*the above mentioned alternative treatment options are not are included in the Dental Practitioners Formulary, which only lists betamethasone 500microgram soluble tablets.

# Supporting information

#### Clinical Information

Betamethasone soluble tablets are licensed for a range of systemic conditions that require corticosteroid therapy (including respiratory, rheumatology, dermatology, renal, gastroenterology, and haematology/oncology indications).

\*Classification of Tiers can be found at the following link: https://www.england.nhs.uk/publication/a-guide-to-managing-medicines-supply-and-shortages/ Betamethasone tablets may be used topically (e.g. as mouthwash) to treat oral ulceration [Note: this is offlabel use]. Mouthwashes are useful for treating large areas of the mouth, and lesions which cannot be easily accessed by ointments or sprays.

#### Links to further information

<u>SmPC Betamethasone 500microgram soluble</u> <u>tablets</u> <u>SmPC Prednisolone 5mg Soluble Tablets</u> <u>SmPC Dexamethasone soluble tablets</u> <u>SmPC Dexamethasone oral solution</u> <u>BNF Betamethasone</u> <u>BNF Oral ulceration and inflammation - Treatment</u> summary BNF Corticosteroids, general use - Treatment summary BNF Corticosteroids, inflammatory disorders -Treatment summary Patient Information - British & Irish Society for Oral Medicine Dental Practitioners' Formulary | BNF | NICE

### Enquiries

If you have any queries, please contact <u>DHSCmedicinesupplyteam@dhsc.gov.uk.</u>